

PRESENTATION

ULTRA-TRAIL OF

ANGKOR

Cambodia

A race in the
heart of the
archaeologic
al site of
Angkor!

TRAIL
MARATHON
TRAIL
Supported by
Medoc Marathon

January
27th
2024



THE ULTRA-TRAIL OF ANGKOR: A WORLDWIDE REPUTATION



On the initiative of Jean-Claude LE CORNEC and his teams, a unique sporting event has just taken place in Cambodia for the fifth year in a row!

There are 6 distances on the program: 8 km, 18 km, 32 km, 42 km, 64 km, and a 100 km Ultra Trail – all breathtaking races in an exceptional setting!

EXPLANATIONS...

Being a specialist of races abroad, Jean-Claude LE CORNEC challenged himself by creating the "Ultra-Trail of Angkor" on the archaeological site of Angkor, a UNESCO World Heritage Site.

AN UNFORGETTABLE CHALLENGE

"A world event for an exceptional race" : on 400 km², the runners will cross several exceptional sites occupied by **temples-mountains** and will evolve among prestigious landscapes on a vast territory where rice fields, forests, and villages will offer panoramas of surprising diversity.

WITHOUT A DOUBT, THIS IS ONE OF THE MOST BEAUTIFUL RACES IN THE WORLD IN AN UNFORGETTABLE SETTING, WHERE EVERYONE IS FREE TO PARTICIPATE.

- **The only race that allows participants to run on the natural and cultural jewel of the Angkor temples, a UNESCO World Heritage Site.**
- **The only ultra trail in Cambodia approved by the Cambodian National Olympic Committee.**

THE ULTRA-TRAIL OF ANGKOR



After China, it is the first organization in the world to have SDPOrganization Asia create an event with the Silken Strides in China, India, Laos, Vietnam, Montenegro, Cuba, Sri Lanka, Uzbekistan, Turkey, Myanmar, continuing its journey particularly in Cambodia.

A successful bet for Jean-Claude LE CORNEC with this 6th edition of the Ultra Trail of Angkor.

This 5th edition of the Ultra-trail of Angkor has been a success: more than 1,200 participants from 44 countries had the unique privilege to run in the heart of the archaeological site of Siem Reap, considered the largest in the world and listed as a World Heritage by UNESCO.

An original discovery with a good dose of exoticism that competitors have experienced on:

- 100 km - Ultra Trail of Angkor
- 64 km - Bayon Trail of Angkor
- 42 km - Marathon Trail of Angkor
- 32 km - Jungle Trail of Angkor
- 18 km - Temple Run of Angkor
- 18 km - Nordic Walking of Angkor
- 18 km – Walking & Hiking of Angkor
- 8 km - Elephant Trail of Angkor



“Many of you, having experienced the Ultra Trails, asked us to organize this type of competition in a setting and context that you were used to appreciate during these long years on the Silken Strides. With our experience in racing abroad, we listened to you by launching the first " ULTRA TRAIL in ANGKOR" on the archaeological site of Siem Reap in Cambodia”.

The will of Jean Claude LE CORNEC, the organizer of the race, is to promote contacts and exchanges between runners and walkers, as well as the local community. Whether to visit the sites, meet with local personalities and Cambodian minorities, it is through this innovative program that these will be a part of the Ultra-Trail of Angkor.

This unique race has allowed all competitors to test their physical abilities while keeping an attentive eye on the historical and cultural aspects of the most popular and prestigious tourist site on the planet.



Jean Claude Le Cornec has not forgotten the children of Cambodia and thanks to donations, four NGOs were able to receive donations collected from participants.

A little nod to the Mr Nez Rouge Association, including SDPO is the Official Sponsor.

Securing such an event is not an easy task, Jean-Claude LE CORNEC was able to rely on the precious help of the Cambodian police officers, local NGOs, and the support of Mr. Vath Chamroeun - the General Secretary of the Cambodian National Olympic Committee, and Dr. Thong Khon – the Cambodian Minister of Tourism.



TO EACH HIS OWN CHALLENGE

100KM

Ultra Trail
Angkor

64KM

BAYON TRAIL
Angkor

42KM

MARATHON TRAIL
Angkor

32KM

Jungle Trail
Angkor

18KM

TEMPLE RUN
Angkor

18KM

NORDIC WALKING
Angkor

18KM

WALKING & HIKING
Angkor

8KM

ELEPHANT TRAIL
Angkor



ALL DEPARTURES WILL BE ON Saturday January 27, 2024

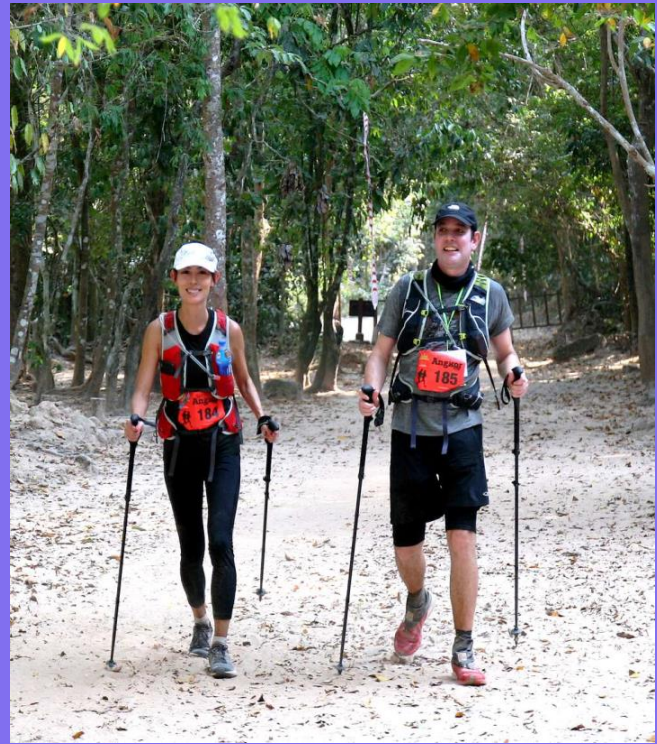
- Ultra Trail of Angkor – 100 km - Start, 4h00
- Bayon Trail of Angkor – 64 km - Start, 4h00
- Marathon Trail of Angkor – 42 km - Start, 6h00
- Jungle Trail of Angkor – 32 km - Start, 7h00
- Temple Run of Angkor / Nordic Walking of Angkor – 18 km
- Start, 8h30.
- Elephant Trail of Angkor – 8km – Start, 9h30

NORDIC WALKING OF ANGKOR

THE ULTRA-TRAIL OF ANGKOR is also open for Nordic walking. This exercise is an outdoor sport consisting of accelerated walking with specific walking sticks, usually made of composite material.

Beyond the temples, this event will allow walkers to evolve within luxuriant nature and cross multiple villages and rice fields.

The Cambodian people will also accompany them along the trails! Walk along the temples and nature, combining both charm and serenity!



THE ORGANIZING TEAM AND THE REPRESENTED COUNTRIES



JEAN CLAUDE LE CORNEC, Founder of SDPO

Founder and organizer of the **Silken Strides**, Jean Claude LE CORNEC, is a passionate runner and a travel lover. A former inspector at **Eurocopter**, he had been on the Paris-GaoDakar, the famous "Route 66"

(from Chicago to Los Angeles), the Sand Marathon (in the southern Moroccan desert), the Colorado, the Trans Atlas, the Trans Cappadoce, and more. After winning with his team the "Route 66" in 1995, Jean Claude LE CORNEC ended his career as an athlete.

Eager to approach the event from another angle, he began to think about organizing a race with the complicity of his English friend Mark KNIGHT. It, therefore, became natural that he created **SDPO** (Sport Development and Performance Organization), a society with **sporting vocations**.

Thanks to the essential logistical support of the Chinese, he launched for the first time the **Silken Strides in 1996**. Let us remember that it was **THE FIRST EVENT IN THE WORLD ASSOCIATING SPORTS AND CULTURE**.



LE Tuan Linh, Associate Director of PHOENIX VOYAGES and partner of SDPO

A founding member of **PHOENIX VOYAGES**, this outstanding specialist of tourism is the direct link with **SDPO** through the races. Linh sets up his entire network to obtain the necessary authorizations for the race to take place on **the archaeological site of Angkor**.

From its **Cambodia-based** structure, all the stewardship and complex organization of such an event is structured via **PHOENIX VOYAGES**. Linh also organizes the tourism platform around the **Angkor Ultra Trail**.



EDOUARD DANA, President of RIVA Editions

President of the **RIVA Group**, and the Running Attitude Magazine, Edouard evolves in the field of media activities. An active runner and fond of Asia, Edouard is also a **professional photographer**.

For the benefit of all, he takes photos during the entire **Ultra Trail** event, including photos that will be published in the **sports press**, such as the RIVA Group, RUNNING Attitude, ESPRIT Trail, RUNNING Coach, RUNNING EVASION, etc.



GRÉGOIRE PICHENOT, Race Director

As soon as he graduated from various major schools, this computer programmer and Director of PIROG Engineering joined the **SDPO** team. After creating and managing the first SDPO websites, as well as designing the timing system for all the events

organized in **Asia**, his sense of dialogue, entrepreneurial passion, and curiosity led Grégoire to the position of **Race Director**. He holds the difficult task of linking with the local authorities, sponsors, partners, and competitors for the success of the event.



GERMAIN PICHENOT, Technical Director

Being a building specialist, Germain has always managed teams where cohesion is a key factor for success. His dedication to **SDPO**, sense of entrepreneurship, will to do well, and his curiosity naturally led him to the position of **Technical Director**.

Fond of computing, Germain, in complementarity with the Asian team **PHOENIX VOYAGES** and **the Director of the Race**, ensures proper organization regarding the **logistics, marking, setting up of refueling points, and safety of the event**.



PHILIPPE ARMENGAUD, Osteopath and physiotherapist masseur.

Kine-osteopath has garnered more than 20 years of experience in high-level sports (FF Athletics, rugby, squash, auto moto sports) Rugby teams ("Castres olympique", "Blagnac SC").

It was Guy NOVES, a high-level athlete who brought him to athletics (champion of France junior school 4x100m, junior champion of the Pyrenees 200m). **He became the Federal physiotherapist of the FFA (French Athletics Federation) in 1984, which he left in 2000 after several World and European Championships (Junior and Senior).**



COUNTRIES REPRESENTED



- Indonesia
- Ireland
- Poland
- Swiss
- Latvia
- Philippines
- Mexico
- New Zealand
- France
- Netherlands
- Taiwan
- Norway
- Sweden
- Denmark
- Finland
- Spain
- Croatia
- Russia
- Portugal
- Hungary
- Israel
- Argentina
- Slovakia
- Cambodia
- Hong Kong
- Luxembourg
- Sri Lanka
- South Africa
- Australia
- USA
- Canada
- Italy
- Belgium
- Germany
- Malaysia
- Thailand
- United Kingdom
- Singapore
- Japan
- China
- South Korea
- Vietnam
- Qatar
- Brunei
- Colombia
- India
- Philippines

We are expecting many of you for 2024

THE UTA IN FEW FIGURES

- ❖ 5 buses
- ❖ 31 mini buses
- ❖ 30 motorcycles
- ❖ 6 quads
- ❖ 10 Tuk-Tuks
- ❖ 4 trucks
- ❖ 50 staffs (SDPO and Phoenix Voyages)
- ❖ 3 NGOs on the course – 120 people
- ❖ 8 masseurs supervised by professionals
- ❖ (Physiotherapist – osteopath)
- ❖ 3 Translators (FR, UK and Khmer)
- ❖ The Royal Gendarmerie
- ❖ The Royal Police
- ❖ The Royal Army
- ❖ 6 partner hotels
- ❖ 15,000 bottles of water
- ❖ 7940 cakes
- ❖ 125 kg of fresh fruits
- ❖ 1985 kg of dried fruits
- ❖ 900 Cambodian soups
- ❖ 250 bowls of fried rice
- ❖ 25 icebox
- ❖ 100 kg of ice block

ONLINE VIRAL ADVERTISING



- **VIDEOS ON SOCIAL NETWORKS**

We bring several cameras and video cameras during the Ultra Trail of Angkor in order to record the magnificent places and the runners.

This allows us to make videos to post on our Facebook page and on our new YouTube channel for maximum visibility.

Some runners make their own videos.

HERE ARE SOME VIDEOS ON OUR ULTRA TRAIL!



https://www.youtube.com/channel/UCAHL6siaBhVsB7_IVhJjJrA/?sub_confirmation=1



Rechercher



UTA 2019 Christian Biard FR

1078 vues • 6 avr. 2019

21 0 PARTAGER ENREGISTRER ...

<https://www.youtube.com/watch?v=FGhqMVH-Cy8>



Rechercher



#race #run #Angkor

ALL ABOUT THE ANGKOR ULTRA TRAIL

597 vues • 30 mars 2020

10 0 PARTAGER ENREGISTRER ...

<https://www.youtube.com/watch?v=TkaEsLe6ool>

JANUARY 27th 2024

COME AND RUN IN THE HEART OF ANGKOR TEMPLES
VENEZ COURIR AU CŒUR DES TEMPLES D'ANGKOR



100KM

64KM

42KM

32KM

18KM

8KM



Ultra-Trail d'Angkor

@ultratrailangkor · 4.8 (86 reviews) · Local business

Sign Up

28,454 total likes

28,636 total follows

Top fans

See All

- Richard Voilquin**
Top fan for 7 months
- Helen Cartoux**
Top fan for 9 months
- Iker Martin Urbieto**
Top fan for 4 months

Friends and Ultra-Trail d'Angkor



Sebastião Souza, Israel Martinez Lorenzo and Estrella Mas Brillante like Ultra-Trail d'Angkor.

Public posts at Ultra-Trail d'Angkor

Laurie Phai is with **Florian Phai Pang** at **Tonle Sap Lake**. ...
1 October · Siem Reap · 🌐

Race eve 🇫🇷, a trip to Tonle Sap lake, where the team 🇫🇷 / 🇫🇷 / 🇫🇷 has me in store Hell of a surprise... ❤️
#Bro #UneHistoireDeFamille 🙌

🌟 See original · Rate this translation

Ayou Pm recommends **Ultra-Trail d'Angkor**.
21 January 2020 · 🌐

I had a wonderful adventure! I will forever remember the priceless experience. Bravo to the organizer for the well organized race 🍷🍷🍷

Maowie Eats recommends **Ultra-Trail d'Angkor**.
20 January 2020 · 🌐

Very well organised race - route was well signposted, lots of variation in the terrain and scenery, ample water stops and we especially enjoyed running through the villages, giving us a glimpse of local life which we would not otherwise have experienced. And those magnificent temples scattered along the route really helped to take one's mind off the pain (for a while). Last, the different categories also allowed friends/ family of different ambitions/ fitness levels to participate in the run together, which we did! An amazing experience. Kudos to the organisers!

Lucy Richardson recommends **Ultra-Trail d'Angkor**.
21 January 2019 · 🌐

Amazing race. First time doing this race, a trail run and visiting Cambodia! I am so so impressed. The most beautiful and unique race ive ever done, well organised and just beautiful. I would recommend this to anyone to try. Will be back for sure

2

WHAT WE HAVE ALREADY DONE AND WITH WHO



**16 YEARS IN CHINA WITH THE SILKEN STRIDES,
16 YEARS OF PARTNERSHIP WITH:**

- **EUROCOPTER**, now called **AIRBUS Helicopters**, is today's **world leading helicopter society** and the leading exporter of civilian helicopters with its tremendous human potential and international network of subsidiaries and representatives.

- **FIDELIA Assistance**, a GMF support company
- **TDCom**, the first distributor of radio communication equipment, is our privileged technical partner for all our broadcasts. Race reports are sent daily to the media
- **France TELECOM Inmarsat**
- **CITS, China International Travel Service**
- **The House of China**
- **AIRLINES :**
 - AIR CHINA
 - CHINA EASTERN AIRLINES
 - AIR FRANCE
 - INDIA Airlines



PRESTIGIOUS SUPPORTERS:

- **The Senate**, the Ministry of Sports
- **The French Embassy in China, the Chinese Embassy in France**
- **UFE** (Union of French Abroad Society)
- The **Dalai Lama** Temple in India has already welcomed the runners of **SDPO**
- **EEDCM**, European Star of Civil and Military Dedication sponsored by **Anne Dao Traxel**, the adopted daughter of Jacques CHIRAC, the former President of France
- His Serene Highness, the Hereditary Prince Albert of Monaco, also sponsored the event



Podium with the Cambodian Minister of Tourism Dr. Thong Khong and Mrs. Eva Nguyen Binh, Ambassador of France to Cambodia.

OTHER EVENTS FOR 25 YEARS HAVE BEEN ORGANIZED BY SDPO



- The Silken Strides (China and India)
- The Strides of Yunnan (China)
- The Strides of Cappadocia (Turkey)
- The Strides of Sri Lanka
- The Strides de Montenero
- The Strides of Samarkand (Uzbekistan)
- The Strides of Havana (Cuba)
- The Strides of Vietnam
- The Strides of Laos, The Silken Strides in Myanmar all have been successful races.

SDPO, A SPIRIT OF SOLIDARITY

SDPO is also engaged in **solidarity** and contributes in each country crossed for the health of the populations. It has also mobilized assistance since the announcement of the tsunami in December 26, 2004. In **Sri Lanka**, SDPO has given hope to many villages, schools, temples, and local businesses by investing itself in the **reconstruction of the country**.

With the help of the **Eurocopter Company** and its staff, the **Principality of Monaco**, **Fidelia Assistance**, **TDCom**, the **International Buddhist Center**, and many donors, we were able to carry out our humanitarian operations.



On the occasion of the **ULTRA-TRAIL OF ANGKOR** in Cambodia, it is with the support of our partner companies and all the committed runners that we can conduct our humanitarian operations. **Three NGOs have received donations since the first edition of the event.**

In France, SDPO is engaged with the association **Mr. Nez Rouge** who fights every day to help toddlers with rare diseases.

Jean Claude LE CORNEC, Founder of SDPO is the mentor of the association.

“If running or walking was our only goal, we would miss out on unforgettable moments. So, we also put our legs and our whole heart to the benefit of sick children”.



RULES FOR PARTICIPATING IN THE EVENT

The challenges are international and are open to any competitor with or without a license (***a medical certificate is required for all**).

* In case of non-presentation of the medical certificate and to avoid being disqualified, the competitor must agree to sign a discharge **“Renunciation et exoneration of responsibility”** and becomes solely responsible in case of physical problems that he/she may encounter during the race.

- 20 years old minimum for the Ultra Trail of Angkor (100 km)
- 20 years old minimum for the Bayon Trail of Angkor (64 km)
- 20 years old minimum for the Marathon Trail of Angkor (42 km)
- 20 years old minimum for the Jungle Trail of Angkor (32 km)
- 18 years old minimum for the Temple Run of Angkor (18 km)
- 16 years old minimum for the Nordic Walking of Angkor and Walking & Hiking (18 km)
- 16 years old minimum for the Elephant Trail of Angkor (8 km)

For the 100 km UTA, it is recommended to have participated in at least one marathon or trail of more than 40 km in the calendar year.

MAXIMUM AUTHORIZED TIME ON THE DIFFERENT CHALLENGES

- Ultra Trail of Angkor - 100 km -> 21 h 53 so 4, 57 km / h
- Bayon Trail of Angkor – 64 km -> 14 h so 4,57 km/h
- Marathon Trail of Angkor – 42 km -> 7 h 53 so 5,33 km/h
- Jungle Trail of Angkor - 32 km -> 6h so 5,33 km/h
- Temple Run of Angkor – 18 km -> 3h 23 so 5,33 km/h
- Elephant Trail of Angkor – 8 km -> 2h so 4 km/h



Appointment request, additional information:

SDPOrganisation

Jean Claude LE CORNEC, Organizer of the UTA

sdpo@sdpo.com

www.ultratrail-angkor.com/en/

Ludo, Project Coordinator of UTA

utacambo01@gmail.com

Nos Partenaires



Running ATTITUDE



Balade en Quad à travers la campagne environnante de Siem Reap avec guide. Cette excursion est idéale pour ceux qui souhaitent sortir vraiment de la ville et découvrir la campagne véritable cambodgienne.



JANUARY 27th

EN PARTENARIAT
AVEC LE MARATHON
DU MÉDOC
IN PARTNERSHIP
WITH THE MEDOC
MARATHON

Ultra Trail[®] Angkor

2024



CAMBODIA



**AN UNFORGETTABLE SOUVENIR!
un souvenir inoubliable !**

6 ADVENTURES – 6 DISTANCES

100KM

64KM

42KM

32KM

18KM

8KM



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