



PROGRAM COMBINED LAOS - VIETNAM 9 days / 8 nights

















MAIN PROGRAM LAOS - VIETNAM

PROGRAM

Day 1 Tuesday 04/04/23 - LUANG PRABANG / ARRIVAL

(D)

Upon arrival, welcome by the driver at Luang Prabang airport, transfer and check-in at the hotel.

Note: Room available from 14H00

Lunch at your own arrangement

In the afternoon, depart to discover Luang Prabang which today is listed as World Heritage Site by UNESCO. Start the day by the **former Royal Palace**, **now a National Museum**, which has a collection of personal items that used to belong to the Lao Kings. Continue with the visit of the famous **Vat Xiengthong**, considered as the most beautiful temple of Luang Prabang. Its layered roofs going down to the ground make it one of the icons of the city.

For those who are energetic, they may climb on top of **Phousi Hill** to admire the panoramic view of the peninsula and the Mekong. End the beautiful day with a

VAT XIENG THONG

stroll to the city night market where many hand-made items from ethnic groups are available.

Dinner at hotel

Overnight in Luang Prabang.

Day 2 Wednesday 05/04/23 - LUANG PRABANG / PAK OU CAVE / LUANG PRABANG (B/L/D)

Depart from the hotel in the early morning to watch the daily procession of the monks. The people of Luang Prabang rise up at dawn and respectfully wait for the procession to give alms to the monks (in the form of food, rice, cakes, fruits...). Walk through the morning market to discover the local products. Return back to the hotel for the breakfast After breakfast, depart to the beautiful Khouang Sy waterfalls. En route, stop in hill tribe villages to meet the Hmong community.

Late morning, walk towards Khouang Sy waterfalls nestled in lush tropical vegetation. Free time at leisure for swimming

in one of the natural pools (if weather permits).

Picnic lunch by the waterfalls.

In the afternoon, drive back to Luang Prabang.

Dinner at local restaurant

Short night race in Luang Prabang. RACE 1 - Luang Prabang - 10 km

The finish could be at the night market in Luang Prabang (to be confirmed)

Overnight in Luang Prabang.











Day 3 Thursday 06/04/23 - LUANG PRABANG / XIENG KHOUANG (PHONSAVAN)

(B/L/D)

RACE 2 - Luang Prabang - 6-15 km

Possibility of walk in the market where the various ethnic groups of the surroundings come to sell their products, including game captured in the forest.

Lunch at local restaurant.

Transfer to Xieng Khouang (long transfer - 263 km - 06H30 drive)

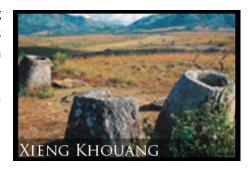
Then, stop to visit the mulberry farm.

Arrive late, dinner at overnight at Xieng Khouang.

Day 4 Friday 07/04/23 - XIENG KHOUANG (PHONSAVAN) / NÂM CẮN (border Vietnam) - TUONG DUONG (B/L/D)

After breakfast, visit **The Plain of Jars** which extends in the vicinity of Xieng Khouang and includes a dozen sites ranging from a few jars to hundreds of jars of mysterious origin. Some of them weigh up to 7 tons and are spread over a plateau located several tens of kilometres away from where the jars dug out.

Continue to **site 1** of the Plain of Jars, located 6 miles from Phonesavanh with over 300 jars (25 min of transfer + 1 hour of visit)



RACE 3 - The Plain of Jars - 15-21 km (site 3)

Lunch at hotel

Go through immigration to enter Vietnam, welcome by your Vietnamese French-speaking guide and continue to **Nam Can** (133km - 3h30 drive)

Continuation by bus to Tuong Duong (60km - 1h30 drive).

Dinner and overnight at the hotel

Day 5 Saturday 08/04/23 - TUONG DUONG / CON CUONG

After breakfast, possibility to visit **some minority villages** (Khe Ngay - 65km from Con Cuong or another village 87km from Con Cuong)

Visit the **village of Khe Ran** specialized in the production of traditional silk of the Thai minority. Discovery of the **Hang Thắm Nàng Màn** cave.

Lunch at local restaurant

Upon arrival at Con Cuong, check-in hotel and free time to relax.

In the afternoon, RACE 4 - Con Cuong - 21km

Dinne rat hotel

In the evening, traditional dance show.

Overnight at Muong Thanh Con Cuong.

(B/L/D)











Day 6 Sunday 09/04/23 - CON CUONG / VINH / NIGHT TRAIN

(B/L/D)

After breakfast, visit the **Nature and Culture Museum** of the reserve.

Then transfer to **Khe Kem waterfalls**. Free time to admire the picturesque landscape or swim in one of the natural pools (if there is enough time).

Return by road with a stop on the way in an ethnic Thai village.

Installation in a house on stilts typical of the Thai ethnic group.

Lunch at Muong Thanh Con Cuong Hotel.

RACE 5 - Con Cuong - Pu Mat 18 km

Then drive to **Pumat Nature Reserve** (about 3 hours).

On the way, stop at Thanh Chuong and visit a tea plantation.

Dinner at local restaurant

Continuation to the Train Station for the night train to Hanoi.

(SE4 : Vinh - Hanoi // 22h47 - 04h50) (SE2 : Vinh - Hanoi // 23h42 - 05h30)

Night on train (4 bed per cabin)

Day 7 Monday 10/04/23 - HANOI

(B/L/D)

LE LAC DE HOAN KIEM

Arrival Hanoi in the early morning.

Transfer to your selected hotel and Early check-in

Breakfast at hotel.

In the morning, begin the day exploring the capital, including the **Ho Chi Minh Mausoleum**, where the remains of the national hero, the father of the nation rest (*visit exterior*) and his former residence. Visit the **Ho Chi Minh's Stilt House** and the **one-Pillar Pagoda**, a historic Buddhist temple, built of wood on a single stone pillar. Then, visit the **Tran Quoc Pagoda**, regarded as the most ancient pagoda of the city built in the 6th century and a cultural symbol of Vietnamese.

Lunch at local restaurant.

In the afternoon, visit the Temple of Literature, Vietnam's first university. Then,

enjoy a **one-hour rickshaw tour** of the capital and spend some time wandering in the old quarter and its antique shops. Then **visit Ngoc Son Temple** beautifully situated on Hoan Kiem Lake, and which is reached by a charming wooden bridge.

Dinne rat local restaurant

Overnight in Hanoi













Day 8 Tuesday 11/04/23 - HANOI / HAI PHONG / HALONG

(B/L/D)

In the morning, transfer by highway (about 2 hours) to the Got Port in Hai Phong to embark on the junk. Upon arrival on board, check — in and enjoy the welcome drink before cruising and exploring Halong Bay - one of the Seven Wonders of the World.

The boat heads to Da Chong islet, where clients can see a lighthouse built by the French over 100 years ago.

Lunch on board before continuing the journey via the unspoiled islets of Con Vit and Gia Luan.



RACE 6 - Cat Ba Island - 15km (national park Cat Ba)

Race in the middle of Cat Ba National Park with Kim Giao forest around the cave. The junk gets in the less populated area at Tra Bau.

Return to the boat to enjoy the magnificent sunset view over the Gulf of Tonkin. Then, **join a traditional cooking class.**The Chef will demonstrate how to cook some Vietnamese dishes

The award ceremony will be held on the upper deck of the boat in the magical environment of Halong Bay. Farewell dinner and overnight on boat

<u>Day 9</u> Wednesday 12/04/23 - HALONG / HANOI / DEPARTURE

In the early morning, delight in an invigorating Tai Chi session on the sundeck before breakfast.

After breakfast, continue the journey and explore the bay and its dozens of karst rocks emerging from the emerald coloured water. Possibility of kayaking. A brunch will be served before disembarking at the pier.

Continuation to the Hanoi airport for the departure flight.

(B/Brunch)



End of our services









City	Hotel	Category	Room Category	Status
Luang Prabang	The Grand Luang Prabang	****	Deluxe	
Xieng Khouang	Vasana Plain of Jars	**	Standard	
Tuong Duong	Hoa Binh Hotel	***		
Con Cuong (Pu Mat)	Muong Thanh Con Cuong	***	Stilt house	
Vinh - Hanoi	Train de nuit		4 bed / cabin	
Hanoi	The Ann ou Sunway	****		
Hai Phong	Bateau Azalee	****		

^{*}We reserve the right to adjust the prices at any time in the event of an increase of the fuel surcharge applied by airlines companies





Contacts: SDPOrganisation - 16 rue Jean Cocteau - 95350 - Saint Brice sous Forêt - France

www.ultratrail-angkor.com SDPO - Email : sdpo@sdpo.com